NAPLAN - Year 3 & 5 Students & Breakfast
Our students in Year 3 & 5 will be sitting for NAPLAN Assessments from tomorrow, Tues 12th May until Thurs 14th May. Detailed information has been sent home for families to read through before the assessments take place this week. Students are also invited to the NAPLAN breakfast tomorrow, Tues 13th May, 8.45am at school.

Cessnock Library National Simultaneous Story Reading Excursion
Students in Year 1 and 2 have been invited to Cessnock Library to take part in national simultaneous story reading event. This will take place on Wednesday 27th May from 10.15am and students will return by bus at approximately 12.30pm. All Year 1 and 2 students have received a detailed note about this excursion, please ensure you sign and return to the office with $4 for the bus fare, as places are limited. Thank you for supporting your child’s education.

Discover University Day
Year 6 students have received a permission note about visiting Newcastle University on 29th May 2015, leaving school at 8am and returning to school by 3.15pm. These free excursions give students and their families the opportunity to experience a day at university. We recommend a parent or carer can come along and attend on the day with their child. Please ensure you sign and return the note to the office as soon as possible.

Grip Leadership Day
Our four school leaders will be participating in the GRIP Leadership Conference on 18th May. We hope this conference will be very informative and interesting. Students have received a permission note to travel by bus, please return as soon as possible. Students are to wear full winter uniform.

Stewart House Donation Drive
Each family will receive a Stewart House Donation envelope. Stewart House assist students and their families in need throughout Australia. A donation of as little as $2 will give students the opportunity to go into a draw to win a family holiday. Donations are required back to the office by 19th May 2015.

Stage 2 & 3 Great Aussie Bush Camp
All places have been filled for the Great Aussie Bush Camp. Parents are now reminded to make regular payments either weekly or fortnightly. We also have EFTPOS facilities available.

NAIDOC Week—Koori Kids Order
Students have received an order form to celebrate NAIDOC Week. By supporting Koori Kids it gives students assistance for them to be involved in many activities throughout the year. If you would like to order any items please return the slip with your payment to the school by 22nd May 2015.

Calendar Events
- Breakfast Club available every morning from the Canteen
- Parent Voice 8.50am each Monday in Library
- Student banking every Thursday

May
- 12th NAPLAN Breakfast Yr 3 & 5
- 12th-14th NAPLAN Assessments Yr 3 & 5
- 18th GRIP Leadership Conference
- 19th Stewart House return envelopes
- 20th Bookclub Orders due
- 27th Cessnock Library Yr 1 & 2
- 29th Discover University Day Yr 6

Promoting Excellence, Creating Success
Creating Emotionally Resilient Families Workshop
Parents are invited to attending a free workshop on each **Monday, 25th May, 1 & 15th June 2015**. Details of the program are attached if you would like to attend please leave your name at the front office.

Spelling Stars
1C, Week 2 - Ariana, Anayah & Brayden

*Congratulations to our Spelling Stars*

Winter Uniforms
Orders are now being taken for the boys and girls winter school uniform. We have the winter uniform on display in the office, please collect an order slip from the front office counter. The winter uniform will be expected to be worn during Term 2 and 3. If you have any concerns please see the office staff.

P&C Mother’s Day Stall & Raffle
Thank you to all our families for supporting our Mother’s Day stall and raffle. Also we would like to thank our volunteers for assisting last week. Congratulations to the lucky winners of the mothers Day raffles. We hope all our mothers, grandmothers and carers had a wonderful and relaxing Mother’s Day yesterday.

**Hunter Wetland’s Excursion**

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**Nutrition Snippet**

*The simplest way... to add healthy snacks to lunch boxes*

Kids have little tummies and need small amounts of food often. Try these simple + healthy snack ideas in your child’s lunch box:

- Plain air-popped popcorn (without salt or butter) mixed with sultanas + dried apple
- Dried fruit snack packs: buy them ready made, or make your own at home in reusable containers
- Fruit salads: buy small tubs of diced fruit in natural juice, or cut up small pieces of fruit + make your own!
- Crackers + veg: Slice up some avocado or tomato + send with some rice crackers
- Little veggie bags: cherry tomatoes, capsicum, carrot and celery sticks
- Frozen fruit bags: freeze grapes, orange quarters or strawberries + then send to school!

Remember: kids love small portions, so cutting up fruit + veg will help make sure they don’t bring it home at the end of the day!

For more information visit [www.eatitobeatit.com.au](http://www.eatitobeatit.com.au) or join us at facebook.com/eatitobeatit

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**Creating Emotionally Resilient Families**

*Resilience is the ability to bounce back or even thrive during daily stressors or more challenging life events.*

The program delivers strategies for parents wanting to raise resilient children and develop a strong, emotionally connected family.

**Venue:** Cessnock East Public School
**Dates:** Mondays 23rd May, 1st & 15th June 2015
**Time:** 10.30am to 12.30pm

Please leave your name at the office if you would like to join us.

Presented with the support of: